



Basic Life Support (BLS) & Fire Training (6 hours)

This Emergency First Responder course, Basic Life Support (BLS) is designed to provide a wide variety of professionals and interested parties the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.

Course Content:

- 1-Rescuer CPR and AED for adult, child, and infant
- 2-Rescuer CPR and AED for adult, child, and infant
- Breathing mask techniques for adult, child, and infant
- CPR with an advanced airway
- Critical concepts of high-quality CPR
- Differences between adult, child, and infant rescue techniques
- Relief of choking for adult, child, and infant
- Rescue breathing for adult, child, and infant
- The Chain of Survival
- Fire awareness information
- How to operate a fire extinguisher

Important note:

As a training location, we take all possible measures during our training to prevent Covid-19. Our maximum group size is 8 participants per training. In addition, everyone wears a mouth mask, hands can be disinfected regularly, and everyone fills in a contact tracing form. The training dolls and fire extinguishers are disinfected in the meantime. No mouth-to-mouth resuscitation is practiced, and you should keep a constant distance from each other. Certain actions are only practiced in mutual consultation.

Duration:	Total of 6 hours
Date:	May 14. 2024
Time:	08:00-14:00
Location:	Will announce closer to date
Total cost:	AWG 250.- per person
Language:	English (in consultation Dutch/ Papiamento/ Spanish)
Including:	Examination, digital certificate, drinks and snacks

